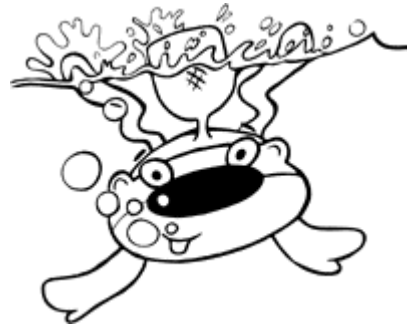


**BLACKPOOL BEAVER SCOUTS**

**SWIMMING BADGE**



**REQUIREMENTS FOR STAGE 1 SWIMMING BADGE**

- |   |               |  |
|---|---------------|--|
| 1 | SAFETY        | Know the safety rules and where it is safe to swim Locally.  |
| 2 | ENTER POOL    | Without using the steps, demonstrate a controlled entry into at least 1.5 metres of water.   |
| 3 | SHORT SWIM    | Swim ten metres on their front.  |
| 4 | TREAD WATER   | Tread water for 30 seconds in a vertical position.   |
| 5 | WATER SKILLS  | using a buoyancy aid, float still in the water for 30 seconds.<br><br>Demonstrate their ability to retrieve an object from chest deep water.<br><br>Perform a push and glide on both their front and back. |
| 6 | DISTANCE SWIM | Swim 25 metres without stopping.   |

In order to passed this badge the signature is needed from a parent or swimming teacher to say he/she has achieved this level and understands the safety rules.

Please bring in any supporting evidence, badges / certificates.

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----- has achieved all the above requirements to attain his/her stage 1 swimming badge.

Signed Parent / Swimming Teacher -----